



ACTIVITY PACK 2



Protein powers your body!

Eggs contain protein, which has lots of important jobs in your body!

Protein helps your body to...

Grow

as you get older.

Repair

after bumps and scrapes.

Keep active

for all your adventures.

Be strong

to climb, jump and play.



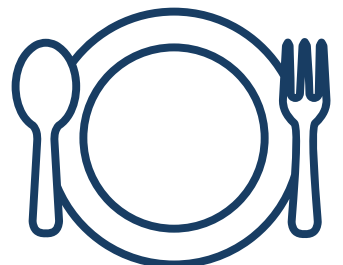
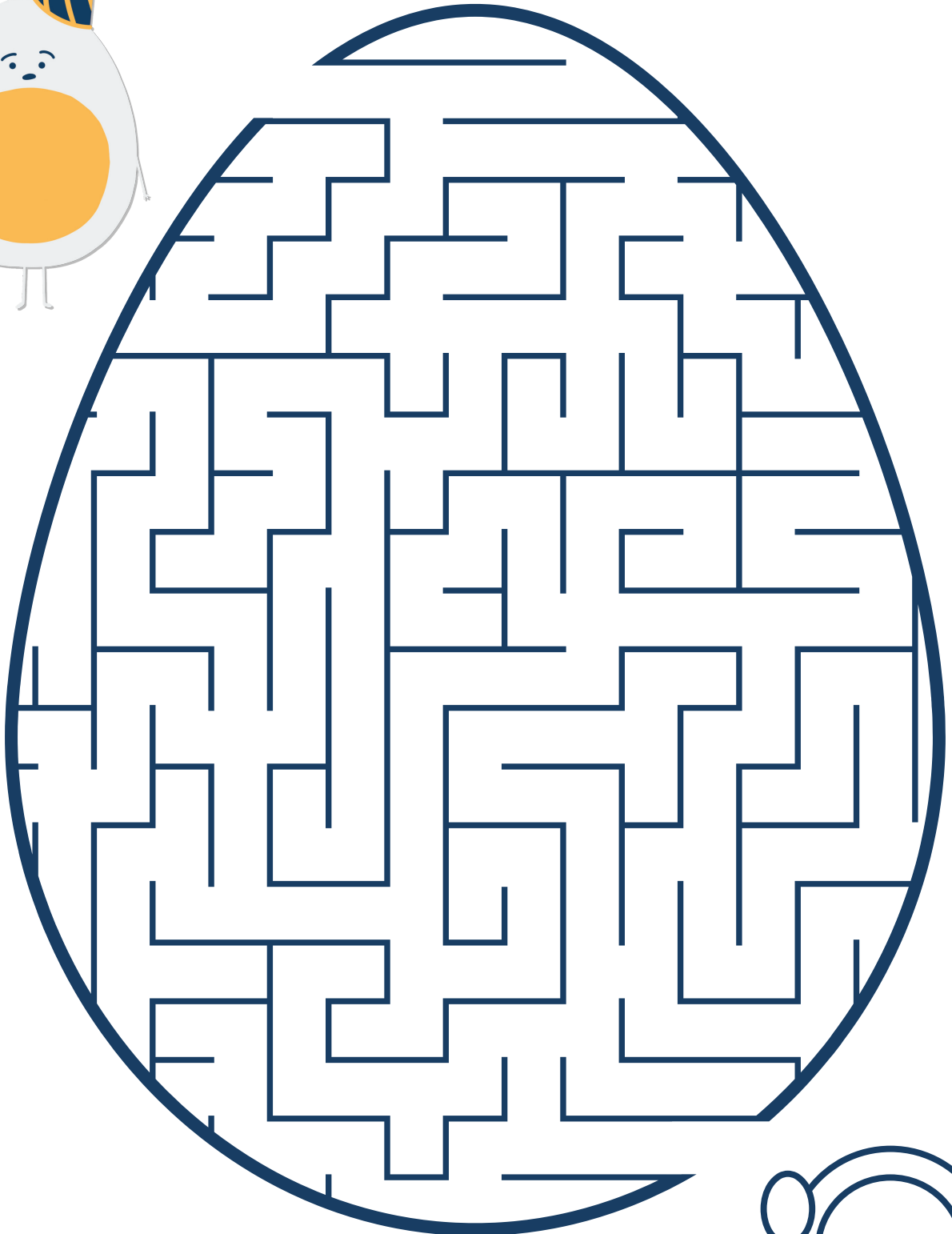
Hi, I am Eggwin!
Did you know, protein helps
power and protect your body
every day?





Egg maze

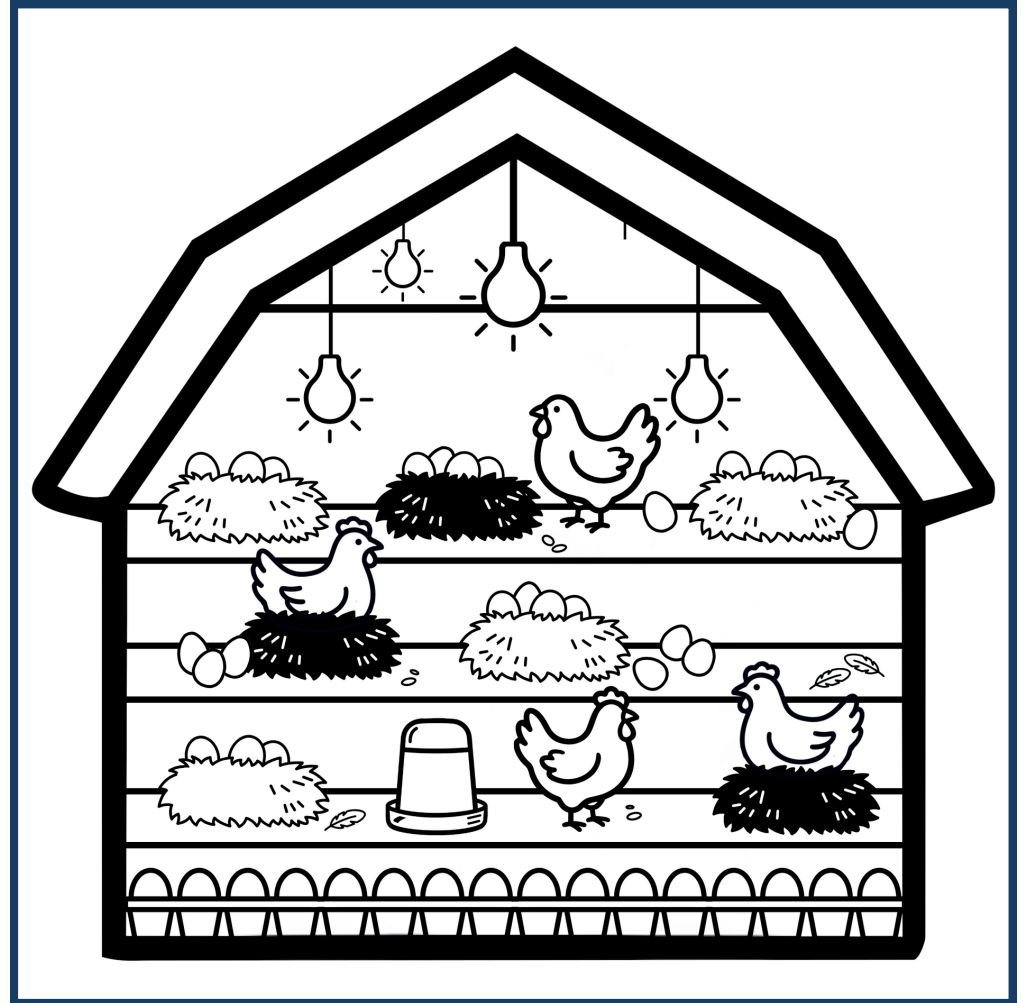
Can you help Eggwin get to the plate to create a protein-packed meal?





Spot the difference

Can you spot all 10 differences between the two pictures?

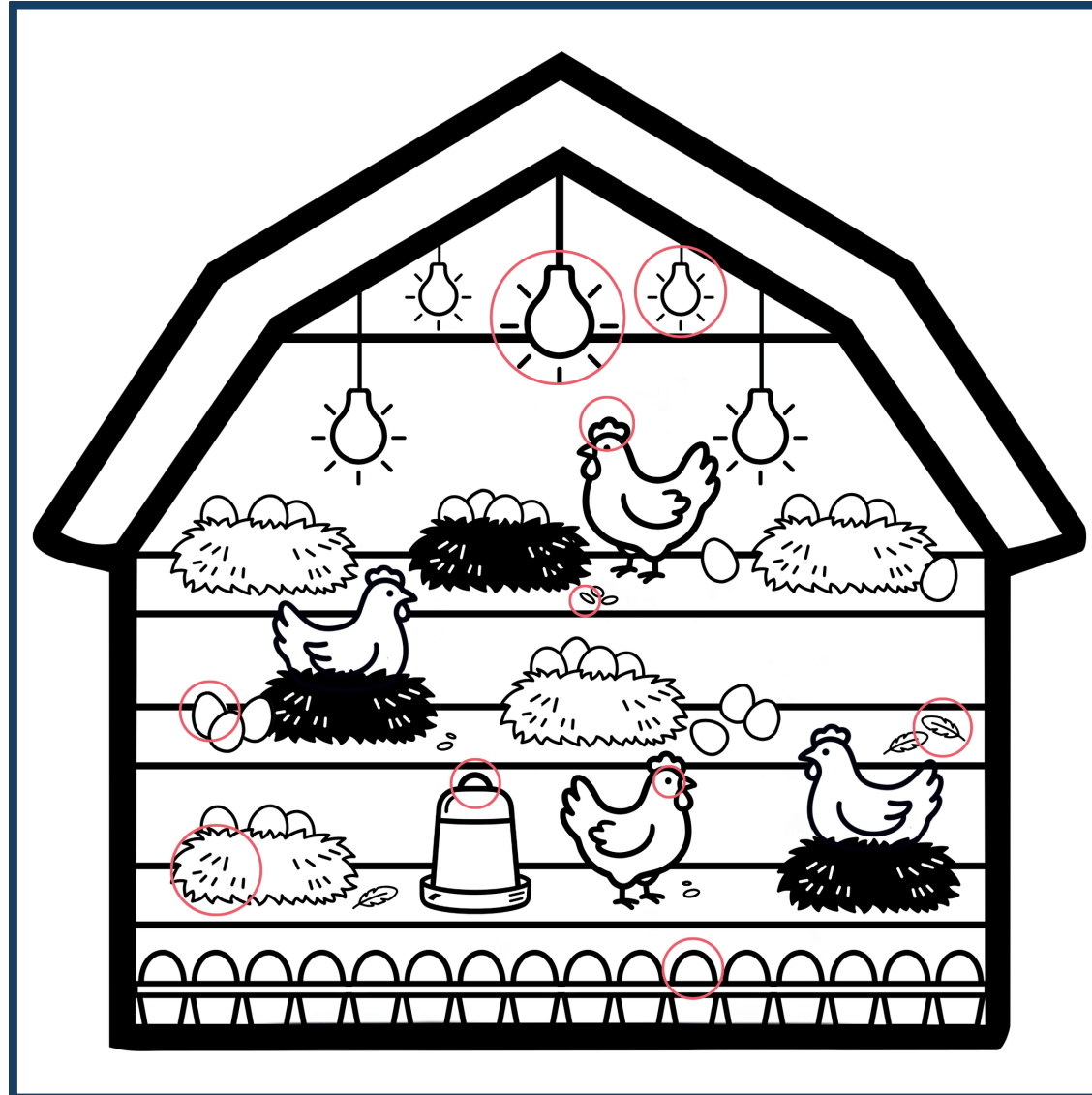




Spot the difference

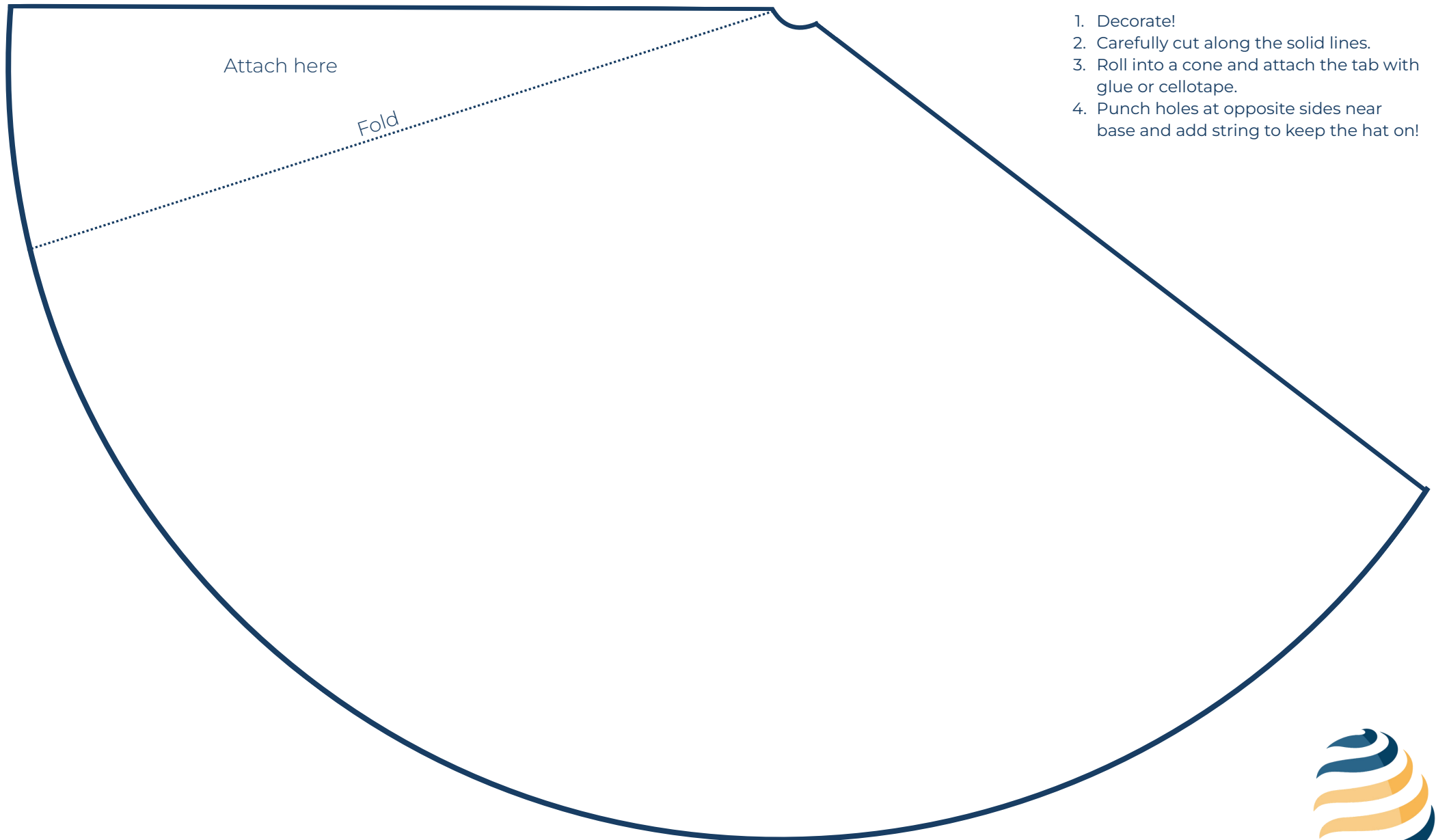
Can you spot all 10 differences between the two pictures?

ANSWERS



Decorate your own party hat

Join the 30th anniversary celebrations of World Egg Day!



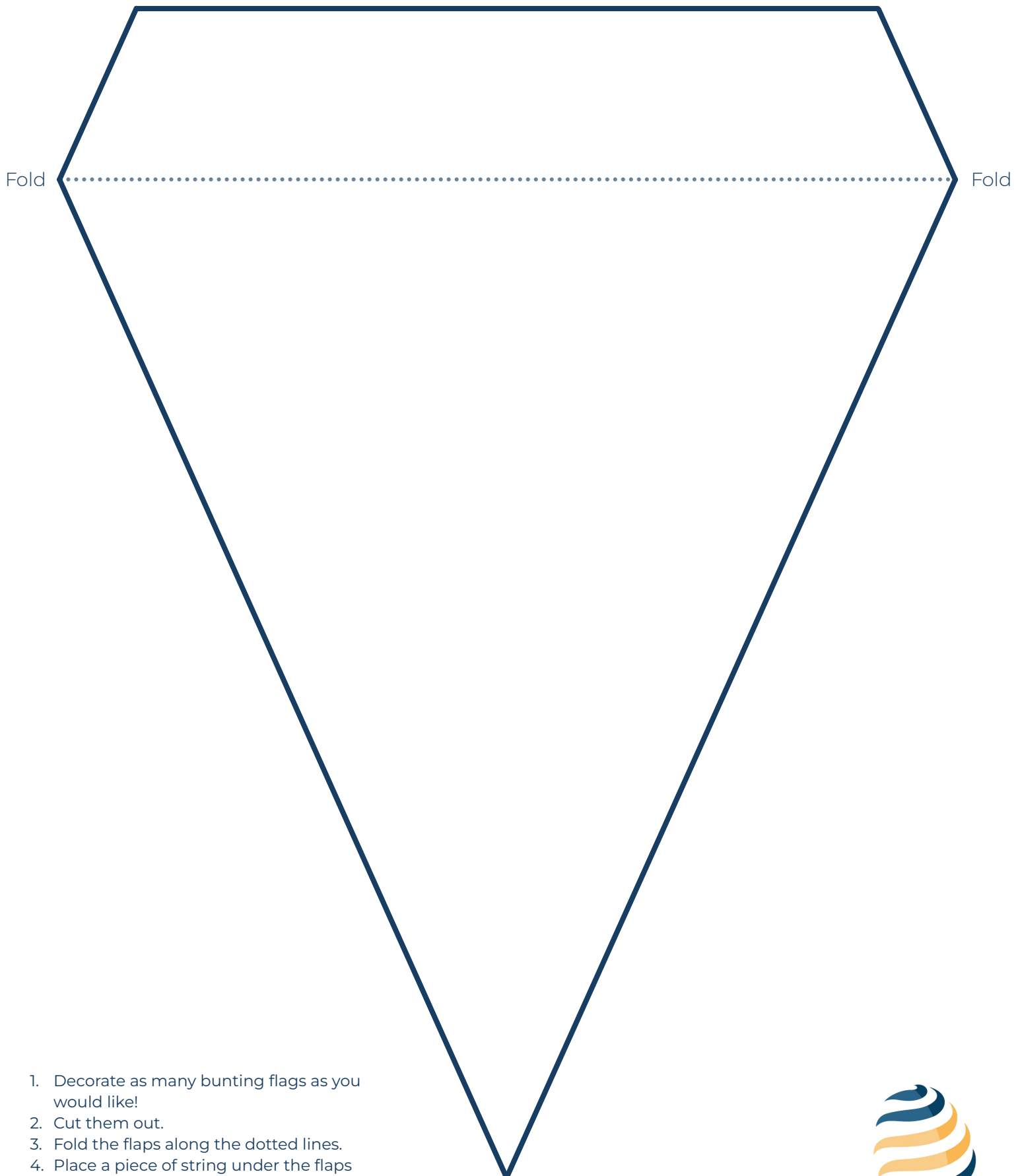
1. Decorate!
2. Carefully cut along the solid lines.
3. Roll into a cone and attach the tab with glue or cellotape.
4. Punch holes at opposite sides near base and add string to keep the hat on!



Create some celebratory bunting

Design decorations for the 30th anniversary celebrations of World Egg Day!

✂ Take care when using scissors and always ask an adult for help if you need it.



1. Decorate as many bunting flags as you would like!
2. Cut them out.
3. Fold the flaps along the dotted lines.
4. Place a piece of string under the flaps and glue them all down to make a string of bunting.

